

# Car Fit for Teens

1.	“Are you the only driver?”		YES	NO
2.	<b>Is the driver using the vehicle’s safety belt?</b>		YES	NO
	Does the driver use it all the time? If no, why?		YES	NO
	Is the belt being used correctly?		YES	NO
3.	<b>Steering Wheel Tilt/Head Restraint Device</b> Can the driver view the speedometer?		YES	NO
	Is the steering wheel tilted up or down too much?		YES	NO
	Does the driver know how to adjust the steering wheel?		YES	NO
	Is the head restraint device properly adjusted to the center of the driver’s head?		YES	NO
	Verbal instruction given on the head restraint device?		YES	NO
4.	<b>Distance between chest and steering wheel (should be 10-12”)</b>	_____		
		inches		
	Can the concern be resolved via a seat adjustment?		YES	NO
5.	<b>Line of sight above steering wheel (should be ≥3”)</b>	_____		
		inches		
	Can driver adjust seat with proper /manual controls?		YES	NO
	Did driver require instruction on seat adjustment?		YES	NO
	After ideal seat adjustment, driver has obtained ≥3” line of sight above steering wheel.		YES	NO
6.	<b>Positioning To Gas Pedal</b>		GOOD	POOR
	Is the driver able to reach and completely depress the gas pedal without reaching with his/her toes		YES	NO
	If the vehicle has a clutch, watch the left foot movement to and from this pedal. Ask the driver to depress the clutch completely. Note any problems.			
7.	<b>Positioning To Brake Pedal</b> Is the driver able to reach and completely depress the brake pedal without reaching with his/her toes?		YES	NO
8.	<b>Mirror Use</b> Can driver identify object in rear view mirror?		YES	NO
	Can driver identify object in left outside mirror?		YES	NO
	Can driver identify object in right outside mirror?		YES	NO
	Were mirror adjustment instructions needed?		YES	NO
	(IF APPLICABLE) After mirror adjustments, driver is able to obtain appropriate views through mirror(s).		YES	NO
9.	<b>Blind Spot Check</b> Can driver identify object over left shoulder?		YES	NO
	Can driver identify object over right shoulder?		YES	NO